



Dear friends and family,

Battling an illness is always hard, but imagine if you were too weak to get to the grocery store, or had to choose between buying food or medicine. This is the reality that many of our neighbors face, often alone. I have taken on the challenge of supporting these neighbors in need by hosting a fundraiser to support a wonderful organization called Food & Friends.

Food & Friends provides nutritionally tailored, home-delivered meals to people facing serious illnesses. Each year, Food & Friends delivers more than 1 million meals across the Washington area at no charge. The work is only possible with the help of community members like me and you, who are driven by a simple premise: **anyone can get sick and everyone can help.**

Please support my efforts by making a donation today. Your donation will help provide healthy, life-sustaining meals for thousands of people battling serious illnesses. You can make a tax-deductible donation by visiting my personal page:

Whatever you can give will help — it all adds up! I really appreciate your support and will keep you posted on my progress. For more information about Food & Friends, visit www.foodandfriends.org. It is a truly inspiring organization!

Thanks in advance for your support!

Sincerely,