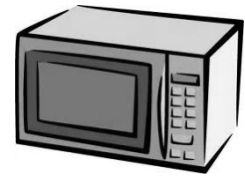


Steps for Reheating Delivered Foods

BREAKFAST

Egg Patties, Sausage Patties, Muffins, Bread:

- Remove from plastic container or bag.
- Transfer to a microwave-safe dish.
- Microwave for 30 seconds to 1 minute.



Waffles, English Muffins, Bagels, Bread:

- Heat in toaster until lightly browned.

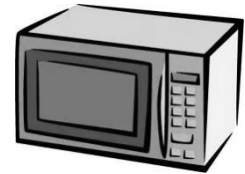


PREPARED FROZEN MEALS

Pull back the corner of the plastic covering before putting the container in the microwave or oven.

Microwave:

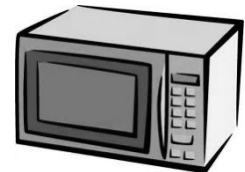
- Microwave for 2-3 minutes.
- Stop the clock after 1 minute, and stir the food well.
- Some items may take longer to cook – cook until food is steaming.
- DO NOT place plastic containers in the oven



SOUPS

Microwave:

- Transfer the soup to a microwave-safe bowl
- Microwave on high until steaming hot (about 2 minutes).
- Stir halfway through cooking.



Stovetop:

- Transfer the soup into a pot over medium-high heat.
- Stir occasionally.
- Continue cooking until soup is bubbling hot.

