

FOOD & FRIENDS REFERRAL PARTNER NEWSLETTER

AUGUST 2024

ELIGIBILITY REQUIREMENTS UPDATES

As many of you already know, we updated our eligibility requirements in order to accommodate more clients. We made two changes that include updating our ADL section to list more options and adding a “fatigue” eligibility criteria under the Compromised Nutritional Status section.

For those that have been familiar with our program for a while, you have seen the ADL chart that we have added to the intake form before. You can see a snapshot of the new ADL chart below and you can find the full intake form [here](#).

| Activity | Independent | With Difficulty | Some Assistance | Total Assistance | Who Assists? |
|------------------|-------------|-----------------|-----------------|------------------|--------------|
| Ambulation | | | | | |
| Feeding | | | | | |
| Decision Making | | | | | |
| Grocery Shopping | | | | | |
| Homemaking | | | | | |
| Meal Preparation | | | | | |
| Transferring | | | | | |

We are excited to utilize these adjustments to support more clients with our free, home-delivered, medically-tailored meal/grocery program.

Announcements

- We are gearing up to host our **annual virtual Referral Partner Training** in Please join us **from 10 am - 12 pm on Thursday, September 26th!** Please [RSVP here](#) by Thursday, September 19 to attend and receive a link to join.
- We have opened up our referral limit and **agencies can now send unlimited referrals** per month!

Thank you for being so patient with us as we navigate our capacity in the number of clients we serve and we are so happy that we are able to continue to partner with you to deliver more medically tailored meals/groceries.



219 Riggs Road NE Washington, DC 20011
www.foodandfriends.org
United Way #8429 CFC #52114



FOOD &
FRIENDS

REQUEST A TRAINING/MATERIALS

Over the past few years there has been a lot of change throughout many of your organizations, and we know that some of your newer staff may not be familiar with our services. If you would be [interested in receiving a training about our services](#), please feel free to contact our Client Relations Coordinator, Absa Fall, to set something up! We would be happy to accommodate your request and get your new staff familiar with our services. If you would like an idea of what our trainings entail, feel free to watch our February Referral Partner Refresher [here](#).

Additionally, we currently have [a variety of materials including lobby cards and flyers](#) that would be suitable to place at your organization to help get your clients more familiar with our services! If you would be interested in a material dropoff, feel free to contact Absa to coordinate a drop off!

FIGHTING HIV, CANCER OR DIABETES?
STRUGGLING TO SHOP FOR AND PREPARE HEALTHY MEALS?



"My mom can choose what she wants to eat. Food & Friends has really helped her balance out her health."
-Richelle



GRANT SPOTLIGHT: CHRC

We would like to share with you more about one of the grants that help support the work we do! We are currently entering the second year of the CHRC grant and it is in partnership with Meritus Health out in Hagerstown, Maryland. The support from this fund allows us to provide medically-tailored food for people living with uncontrolled diabetes and food insecurity for a duration of 6 months.

In the first year we had 24 clients successfully complete the 6-month enrollment, and we currently have 3 as our second year of the grant is rolled out. First year data showed that 76% of clients surveyed (16 of 21 clients) lowered their A1C at the end of their time-of-service with Food & Friends. Clients lowered their A1C between a range of 3% to a 41% decrease. In this next year our goal is to support 30 clients through the funds from this grant!

Contact Information

Phyllis Givens
Client Services Director
pgivens@foodandfriends.org
(202) 269-6823

Sophie Bennett
Recertification Coordinator
sbennett@foodandfriends.org
(202) 269-6847

Mira Kauffman-Rosengarten
Intake Coordinator
mkauffman-rosengarten@foodandfriends.org
(202) 269-6825

Absa Fall
Client Relations Coordinator
afall@foodandfriends.org
(202) 269-6820

Zack Henstrand
Client Services Advocate
zhenstrand@foodandfriends.org
(202) 269-6897

Hayley Murguia
Client Services Advocate
hmurguia@foodandfriends.org
(202) 269-6886

